



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Kirk Family YMCA Gym Side A

May 2026
Sunday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 7:30AM - 6PM	
FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM		
OPEN GYM 12PM - 5PM	OPEN GYM 12PM - 5PM	OPEN GYM 12PM - 5PM	OPEN GYM 12PM - 5PM	OPEN GYM 12PM - 5PM		ADULT VOLLEYBALL 1PM - 3:30PM
PICKLEBALL 12:00 - 2:00 PM (SIDE B)	PICKLEBALL 12:00 - 2:00 PM (SIDE B)	PICKLEBALL 12:00 - 2:00 PM (SIDE B)	PICKLEBALL 12:00 - 2:00 PM (SIDE B)	PICKLEBALL 12:00 - 2:00 PM (SIDE B)		ADULT PICK UP BASKETBALL 3:30PM - 6PM
ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 8:30PM		

Gym Side B CLOSED Fridays starting
 May 26 5:30PM-6:30PM

Adult Pickup games stop 30 min
 prior to the gym closing

For a better us.®

Schedule is subject to change



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Kirk Family YMCA Gym Side B

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 7:30AM - 6:00PM	
FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM	FULL COURT PICKLEBALL 9AM - 12PM		
PICKLEBALL (SIDE B) 12PM - 2PM	PICKLEBALL (SIDE B) 12PM - 2PM	PICKLEBALL (SIDE B) 12PM - 2PM	PICKLEBALL (SIDE B) 12PM - 2PM	PICKLEBALL (SIDE B) 12PM - 2PM		
OPEN GYM 2PM - 5PM	OPEN GYM 2PM - 5PM	OPEN GYM 2PM - 5PM	OPEN GYM 2PM - 5PM	OPEN GYM 2PM - 5PM		
ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 9:30PM	ADULT PICK-UP BASKETBALL 5PM - 8:30PM		
	PICKLEBALL 5:30PM - 7PM (SIDE B)		PICKLEBALL 5:30PM - 7PM (SIDE B)	STRENGTH & CONDITIONING 5:30PM - 6:30 (SIDE B)		
						ADULT VOLLEYBALL 1PM - 3:30PM
						OPEN GYM 3:30PM - 6PM

Gym Side B CLOSED Fridays starting
May 26 5:30PM-6:30PM

Adult Pickup games stop 30 min
prior to the gym closing
For a better us.®
Schedule is subject to change