



THIS MONTH AT THE Y

AUG-SEPT

ROCKBRIDGE AREA YMCA

540-464-9622

KIDS NIGHT OUT

AUG 28, 5:30-9:00PM

AGES 3 MONTHS - 12 YEARS

\$16 MEMBERS | \$21 NON-MEMBERS

FALL SOCCER

SATURDAYS, 10:00AM, SEPTEMBER 5TH-OCTOBER 24TH

AGES 3-6 YEARS

\$80 MEMBERS | \$100 NON-MEMBERS

FALL GYMNASTICS

\$180 MEMBERS | \$220 NON-MEMBERS

BEGINNER, AGES 4-7

TUESDAYS, 4:30-5:30PM, SEPTEMBER 8TH-DECEMBER 8TH

INTERMEDIATE/ADVANCED, AGES 6-12

WEDNESDAYS, 4:30-5:30PM, SEPTEMBER 9TH-DECEMBER 9TH

Y AFTER SCHOOL

MON-FRI, 3:00-6:00 PM

AGES 5-12

\$90 MEMBERS | \$105 NON-MEMBERS, PER WEEK

EARLY LEARNING CENTER

MON-FRI, 7:30-5:30 PM

AGES 2-5 YEARS

\$190 MEMBERS | \$210 NON-MEMBERS/ PER WEEK

TRX FULL BODY WORKOUT

TUESDAYS & THURSDAYS, 8:45-9:45 AM

AGES 14+

\$60 MEMBERS | \$80 NON-MEMBERS

Scan to Register!





THIS MONTH AT THE Y SEPT

ROCKBRIDGE AREA YMCA

540-464-9622

FALL SOCCER

SATURDAYS, 10:00AM

AGES 3-6 YEARS

80 MEMBERS | \$100 NON-MEMBERS

FALL GYMNASTICS

\$180 MEMBERS | \$220 NON-MEMBERS

BEGINNER, AGES 4-7

TUESDAYS, 4:30-5:30PM

INTERMEDIATE/ADVANCED, AGES 6-12

WEDNESDAYS, 4:30-5:30PM

KIDS NIGHT OUT

SEPT 25, 5:30-9:00PM

AGES 6 WEEKS - 12 YEARS

\$16 MEMBERS | \$21 NON-MEMBERS

TRX FULL BODY WORKOUT

TUESDAYS & THURSDAYS, 8:45-9:45 AM

AGES 14+

\$60 MEMBERS | \$80 NON-MEMBERS

BOOTCAMP: SHAPE UP FOR HOLIDAYS

MONDAYS & WEDNESDAYS, 5:00-6:00 PM

AGES 14+

\$60 MEMBERS | \$80 NON-MEMBERS

Y AFTER SCHOOL

MON-FRI, 3:00-6:00 PM

AGES 5-12

\$90 MEMBERS | \$105 NON-MEMBERS/ PER WEEK

Scan to Register!

