



THIS MONTH AT THE Y NOV

KIRK FAMILY YMCA

540-342-9622

KIDS NIGHT OUT

\$15 MEMBERS | \$20 NON-MEMBERS

**NOV 6, 6:00-9:00 PM
AGES 6 WEEK-12 YEARS**

**NOV 20, 6:00-9:00 PM
AGES 6 WEEK-12 YEARS**

ACTIVE OLDER ADULTS LUNCHEON

**NOV 18, 11:00 AM- 12:00 PM
AGES 55+**

\$10 MEMBERS | \$12 NON-MEMBERS

TRX: TOTAL BODY WORKOUT

**MONDAY & FRIDAY, 12:15- 1:00 PM
AGES 16+**

\$60 MEMBERS | \$80 NON-MEMBERS

Y AFTER SCHOOL

MON-FRI, 3:00 - 6:00 PM | AGES 5-12

\$90 MEMBERS | \$105 NON-MEMBERS /PER WEEK

EARLY LEARNING CENTER (PRESCHOOL)

**MON-FRI, 7:00 AM - 6:00 PM | AGES 3-4
\$210 PER WEEK**

Scan to Register!

