



# THIS MONTH AT THE Y SEP

## SALEM FAMILY YMCA

540-387-9622

### FALL SOCCER

\$80 MEMBERS | \$100 NON-MEMBERS

PRESCHOOL, AGES 3-4  
SATURDAYS, 9:00-10:00 AM

YOUTH, AGES 5-7  
SATURDAYS, 10:00-11:00 AM

### DANCE

\$40 MEMBERS | \$55 NON-MEMBER/PER MONTH

BALLET & TAP, AGES 3-4 & 5-8

DANCE BALLET, TAP, & JAZZ, AGES 5-8 & 9-12

HIP HOP, AGES 6-11

### GYMNASTICS

\$180 MEMBERS | \$220 NON-MEMBERS

PRESCHOOL, AGES 4-6  
SATURDAYS, 9:00-10:00 AM

YOUTH, AGES 6-8  
SATURDAYS, 10:00-11:00 AM

### TEEN WHISK TAKERS

WEDNESDAYS, 6:00-7:30 PM  
AGES 12-16

\$50 MEMBERS | \$64 NON-MEMBERS

### Y PASS- MIDDLE SCHOOL PROGRAM

MON-FRI, 3:00 - 6:00 PM  
AGES 10-15  
\$40 PER WEEK

Scan to Register!





# THIS MONTH AT THE Y SEPT

**SALEM FAMILY YMCA**

**540-387-9622**

## **ACTIVE OLDER ADULT LUNCHEON**

SEPT 9, 12:00 PM

AGES 55+

\$10 MEMBERS | \$12 NON-MEMBERS

## **KIDS NIGHT OUT**

\$15 MEMBERS | \$20 NON-MEMBERS

SEPT 11, 6:00-9:00PM

AGES 6 WEEKS-12 YEARS

SEPT 25, 6:00-9:00PM

AGES 6 WEEKS-12 YEARS

## **PAINT NIGHT**

SEPT 22, AGES 8+

6:00-7:30 PM

\$35 MEMBERS | \$45 NON-MEMBERS

## **BEGINNER PICKLEBALL CLINIC**

SEPT 10, 9:00-10:30 AM

AGES 16+

\$25 MEMBERS | \$40 NON-MEMBERS

## **SELF DEFENSE ESSENTIALS**

WEDNESDAYS, 5:30-6:30 PM

AGES 14+

\$35 MEMBERS | \$55 NON-MEMBERS

## **BACK TO BALLET**

THURSDAYS

AGES 18+

\$30 MEMBERS | \$50 NON-MEMBERS

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