



THIS MONTH AT THE Y AUG

SALEM FAMILY YMCA

540-387-9622

FLOATING SOUND BATH

AUG 2, 4:30-5:30 PM | AGES 14+
\$15 MEMBERS | \$25 NON-MEMBERS

KIDS NIGHT OUT

AUG 7, 6:00-9:00PM & AUG 21, 6:00-9:00PM
AGES 6 WEEKS-12 YEARS
\$15 MEMBERS | \$20 NON-MEMBERS

ACTIVE OLDER ADULT LUNCHEON

AUG 12, 12:00-1:00 PM | AGES 55+
\$10 MEMBERS | \$12 NON-MEMBERS

PICKLEBALL CLINIC

AUG 13, 9:00-10:30 AM | AGES 16+
\$25 MEMBERS | \$40 NON-MEMBERS

FIND YOUR BALANCE

MON/WED, 10:00-11:00 AM | AGES 14+
\$60 MEMBERS | \$80 NON-MEMBERS

AMERICAN RED CROSS CPR AND FIRST AID COURSE

AUG 18, 6:30-8:30 PM | AGES 13+
\$75 MEMBERS | \$100 NON-MEMBERS

Y AFTER SCHOOL

MON-FRI, 3:00-6:00 PM | AGES 5-12
\$90 MEMBERS | \$105 NON-MEMBERS, PER WEEK

Y PASS-MIDDLE SCHOOL PROGRAM

MON-FRI, 3:00-6:00 PM | AGES 10-15
\$40 PER WEEK

DANCE SUMMER SAMPLERS

\$40 MEMBERS | \$55 NON-MEMBERS/PER MONTH

COMBO PRESCHOOL: AGES 3-5 | MONDAYS, 5:30- 06:15 PM

COMBO YOUTH: AGES 5-8 | MONDAYS, 6:15-7:00 PM

HIP HOP: AGES 6-10 | MONDAYS, 7:00-7:45 PM



Scan to Register!

