



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

24-HOUR ACCESS REQUIREMENTS

NO STAFF ON DUTY, USE WELLNESS CENTER AT YOUR OWN RISK.

THE FOLLOWING ARE STRICTLY PROHIBITED

- Use of profanity toward members and staff.
- Providing entry to the facility after normal operating hours to anyone besides yourself.
- Providing personal training, consulting, instruction or coaching to other members.
- Theft or destruction of equipment, parts or merchandise.
- Theft from another member or of any contents in the facility.
- Use of equipment in a manner different than intended by the manufacturer.
- Failing to wear shoes, or wearing open-toe shoes, sandals or flip-flops.
- Selling merchandise and/or products of any kind.
- Alcohol and/or drug consumption on the premises.
- Entering the facility under the influence of any substance that impairs the member's physical or mental ability to function normally.
- No food, except for sports drinks and water, is allowed on the fitness floor.
- Physical and verbal confrontations. These will result in revocation of membership for all involved.
- Taking photos or videos of other members in the facility.
- Use of camera or video equipment (including cell phone) in restrooms.
- Using another member's scan card or providing another member's information to purchase items or check-in to the facility.
- No weapons of any type are allowed inside the facility.
- No basketball is allowed at any time. This includes no individual basketball practice.
- Projecting phone calls or music. Any personal music usage requires headphones or earbuds.
- Use of areas in the facilities that are closed/gated.

AGE REQUIREMENTS

- 24-hour access is limited to adults, ages 18 and older. 24-hour access will only be granted to those who meet this age requirement. Members who violate this policy will lose their membership privileges.
 - After Hours is available for youth ages 13 and older at the YMCA at Tanglewood only. \$5 monthly add on is required.

GUEST POLICY

- Day pass guests are only allowed in the Y's during normal business hours when a YMCA staff member is on duty.
- No guests are allowed to utilize the 24-hour access area after business hours, as it is a program for members only.
- Please be aware that your access card is to be used only for your own entrance into the facility. Members with 24-hour access cannot grant access to others, even if they are known to you or members of your family. This is done so the Y can track who is in the building at all times. Granting access to another individual is grounds for immediate termination of membership.
- Members with 24-hour access utilize the Wellness Center at their own risk.

ACCESS CODE ENTRY

- 24-hour members will be required to use their own access card for entry. In the event that your access card does not work, please call the Y during normal operating hours for assistance.
- Please use the main entrance and exit location when enjoying the 24-hour benefit. Emergency exits are available to use only in the event of an emergency.
- All guests/members must provide a valid ID during the enrollment process for 24-hour access. A recent photograph must be saved on your YMCA account.

EMERGENCY SITUATIONS & VIDEO SURVEILLANCE

- The Y has a 24-hour video recording system for security purposes. It will be reviewed on a daily basis to address any security concerns and monitor who is entering the building.
- Please note that this system does not provide staffing assistance for any emergency that might arise.
- A telephone is located at the wellness desk in case of emergency. In the event of an emergency, immediately push the red emergency button.
- During non-business hours on heavy snow days, snow removal will not be in place until staff are present (later if there is a delay in operating hours). Members with 24-hour access will be notified of closures for inclement weather that result in unsafe conditions via the YMCA app, social media and/or email alert system.
- If there is loss of power in the building, please immediately follow the emergency exit signs and contact the Y through the after hours number at (540) 524-2235.

EMERGENCY CONTACT NUMBERS

- Call 911 first for any medical emergency or at-risk safety (police) situation
- Emergency Number: 911
- Poison Control: 1 (800) 222-1222
- YMCA after-hours number: (540) 524-2235
(Urgent situations will be handled as soon as possible. Non-emergencies will be handled the next business day. Not being able to gain access is not considered an emergency.)

The privilege of 24-hour access may be revoked at any time. Violators of the guidelines/policies/procedures for 24-hour access are subject to 24-hour termination, permanent membership termination, and/or prosecution if deemed appropriate.

After-Hours at YMCA at Tanglewood- Sundays 7:30am-1pm
Saturdays 6pm-10pm