



# Counselor in Training (CIT) Program

## BOTETOVRT FAMILY YMCA

### Description

Counselors in Training (CITs) assist Counselors and Aides. The position includes helping to lead games, songs, skits, tell stories, and more. Counselors in Training help with supervising campers in their group during recreation times, meal times, and assist with camp preparation, clean-up, camper check-in, serve as a positive role model for young children, and help to create a supportive camp community. CITs will be taught leadership skills, public speaking skills, enhance their teamwork skills, learn how to lead a group of younger children safely, and learn camping skills to teach to others.

### Responsibilities:

- Campers Come First! Set a good example by being a positive role model.
- Assist Camp Counselors with daily activities, such as, crafts, games.
- Associate with campers NOT other counselors in training.
- Be punctual, attend and be an active part of all camp activities, participants must be able to
- Attend, 100% of the sessions enrolled in.
- Abide by all rules, policies and procedures.
- Treat all campers equally, there should be no favorites
- Be cooperative with the head counselors, your peers, and the campers.
- Be enthusiastic and have a positive attitude.

### Specific Duties

- Aid counselors by helping to get equipment and supplies ready for activities
- Help to secure supplies and equipment after activities
- Aid children in their learning by providing a good example
- Help counselors and children by helping to keep track of their possessions
- Help head counselors get children to activities and lunch areas.
- Contribute ideas to improve the program
- Report any unsafe actions by children or other CITs to the Head Counselor of your group
- Act as a positive role model
- Assist in cleaning and disposing of trash
- Ability to accept supervision and guidance
- Good character, integrity, and adaptability
- Set a good example for campers and others, including cleanliness, punctuality, sharing duties during cleanup
- Respect each camper for their individuality - within each group help create a community of people.



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## Program Application

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_ Age: \_\_\_\_\_ Grade Level: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Organization & Club Experience

Name of Club and number of years

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Camp Experience

Name of Camp and number of years

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Other Positions of Responsibility/Leadership and number of years

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Check any (x) of the activities that interest you and check twice (xx) those activities which you have taught or led.

Swimming

Horsemanship/Equestrian

Canoeing/Kayaking

Nature

Drama/Skits/Acting

Outdoor Living Skills

Group singing

Arts & crafts

Group games

Drawing & Painting

Athletics

Building Trades/Carpentry

Low Ropes/Teambuilding

Dance

Archery

High Ropes/Climbing

Fishing

Trail Biking

Please name two of your strengths:

1. \_\_\_\_\_

2. \_\_\_\_\_

Please name two of your weaknesses:

1. \_\_\_\_\_

2. \_\_\_\_\_

Please tell us about a time (a real-life example) when you were a role model to someone else.

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If you have been to summer camp before (ANY camp), what is your favorite camp memory?

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