



# SAFE GYMS HAVE RULES

**NO food or drink is allowed in the gymnasium.**



ONLY water in sealed containers is allowed.

Shirts and athletic shoes must be worn.



The Y is a family facility, please dress appropriately.

Mishandling equipment for anything other than its intended use is prohibited.



Disagreements, disputes and arguments will be settled in a polite, timely and nonviolent manner.



- **Dunking and hanging from rims is prohibited.**
- **Players are responsible for any damages resulting from misconduct or misuse of equipment or facilities.**
- **Gym doors and hallways are equipped with alarms. Exterior doors are to be opened only in emergencies or by Y staff.**
- **Players and spectators will conduct themselves in a sportsmanlike manner; profanity, spitting, unsportsmanlike conduct, provocative language and/or actions are prohibited.**
- **Please appropriately secure your items. The Y is not responsible for lost or stolen articles.**
- **Children 9 years of age and younger must be in a program or supervised by an adult while using the gym.**
- **Ages 13 and up can use the gym with no parent in the facility.**

**For your safety and the safety of others, please obey all verbal instructions from the YMCA staff.**