



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BACKYARD ADVENTURES



YMCA SUMMER CAMP 2026

CAMP ROCKBRIDGE

CAMP REGISTRATION

REGISTER FOR CAMP

- Reserve your camp weeks: A \$10 non-refundable deposit per camp week is required at the time of registration and is subtracted from your weekly rate. The remaining balance will be processed the Monday prior to the week of camp.
- A two-week notice is required to cancel without being charged.



THE REGISTRATION DEADLINE IS THE MONDAY BEFORE THE FIRST DAY OF CAMP.

- Register in person: Rockbridge Area YMCA
790 N. Lee Highway, Lexington, Virginia
- Register online: www.ymcavbr.org/camp
- Enrollment Process: All enrollment paperwork will be processed digitally through SGA. You will receive an email with the required paperwork that must be submitted by the Monday before the first week of camp. Your child will not be admitted to camp unless all paperwork has been completed.

FREQUENTLY ASKED QUESTIONS

- **Do you offer a multi-child discount?** Yes! Families with two or more children signing up for the same camp week receive a \$5 discount per week of camp for each additional child.
- **Is a YMCA membership required to attend camp?** Membership is not required to register for camp. However, those who maintain a YMCA membership at the time of registration through the end of a camp session receive member rates.
- **Do you offer financial assistance?** The YMCA is a non-profit charitable organization that strengthens the foundations of our community and provides financial assistance for those unable to pay the standard rates. Visit your local branch to learn more.
- **How do I receive communication about weekly activities?** Weekly schedules will be available at camp sites each week. Site leaders will also send weekly emails with updates and detailed information in regards to the upcoming week. Please make sure we have your email address.
- **Are there field trips?** Yes! Y Summer Camp youth participants will be off-site at field trips on a weekly basis. We will be sharing field trip locations in the near future!



WELCOME TO Y SUMMER CAMP WHERE KIDS GO TO...

ADVENTURE

We're here to inspire kids to play together, build friendships and memories that will create a lifetime of laughable moments.

EXPLORE

We're here so that every kid is able to experience something brand new. Showing them that if they believe in themselves, anything is possible.

DISCOVER

We're here to make your kid feel welcome, feel comfortable being themselves, and know they're a part of something great.

BE CHALLENGED

We're here to help your camper reach their full potential as they are challenged through an energetic and high paced program.

WHAT MAKES Y SUMMER CAMP SPECIAL?

- Y Camp activities create a foundation for building emotional intelligence and problem-solving skills in your child.
- Y Camps are led by caring and trained youth developers who are dedicated to bringing out what is special and unique about your camper.
- Integrating activity with nature is a priority that allows your camper to experience how great it feels to disconnect from electronics and connect with the great outdoors.
- At Y Camp, your camper will gain independence, build confidence, and develop a sense of responsibility for themselves.





Campers can explore outdoor games, hiking, camping, nature exploration/experiments, sports, space, animals, grilling hot dogs/s'more, water games, etc. Focus on outdoor activities and outdoor exploration.

BACKYARD SCIENTIST

May 26th-29th

This week, campers will explore the wonders of science all around them! Through fun hands-on experiments and outdoor discoveries, they'll learn how curiosity and creativity can turn an ordinary backyard into a world of amazing scientific adventure.



WILDLIFE WATCHERS

June 1st-5th

This week, campers will become nature explorers as they learn about animals and their habitats. From backyard critters to wild creatures, campers will observe, create, and discover what makes each part of the animal world so unique!

BACKYARD OPEN

June 8th-12th

We will learn about the Soccer Open that is happening in our own North America this summer. We will also have fun learning some other sports like tennis, pickleball and basketball. Let's play!



CAMPFIRE TALES

June 15th-19th

Campers will enjoy hands-on activities like crafting lanterns, making nature-inspired instruments, and performing skits inspired by classic campfire legends. We'll explore teamwork, creativity and outdoor skills in a fun and friendly setting that sparks connection and confidence.



GARDEN GROWERS

June 22nd-26th

This week campers will learn hands-on gardening skills, explore the life cycle of plants and build a love for the earth through outdoor games, science experiments, and creative projects.

Let's GROW!



NATURE ARTISTS

June 29th– July 2nd

Campers learn to see the world through an artist’s eyes—observing colors, textures, sounds, and forms found in the natural environment—and use these inspirations to create meaningful art.



BACKYARD DETECTIVES

July 6th–10th

Through hands-on activities like nature tracking, secret code-breaking, and backyard forensics, kids will learn to think like real detectives—asking questions, gathering evidence, and piecing together the facts. Each day brings a new case to crack, from tracking “mystery critters” to uncovering hidden treasures and solving riddles that test both brains and creativity.

BUG BONANZA

July 13th–17th

We will explore the nature around us and all the things that creep and crawl. Come ready to dig deep and get dirty!



WATER WONDER

July 20th-24th

Splish splash our halfway point through the summer with a ton of water play! We will have obstacle courses, relays, and more soaking wet fun! Enjoy a large water balloon fight with all your friends AND counselors!



SURVIVAL CHALLENGE

July 27th-31st

Outdoor adventures, problem-solving, and hands-on survival skills! Campers will learn how to build shelters, purify water, identify safe plants, and practice teamwork through daily challenges and games.



GENERAL CAMP INFO

CAMP ROCKBRIDGE

YOUTH CAMP

Ages 5-12

LOCATION:

Central Elementary School
85 Central Road
Lexington, VA 24450

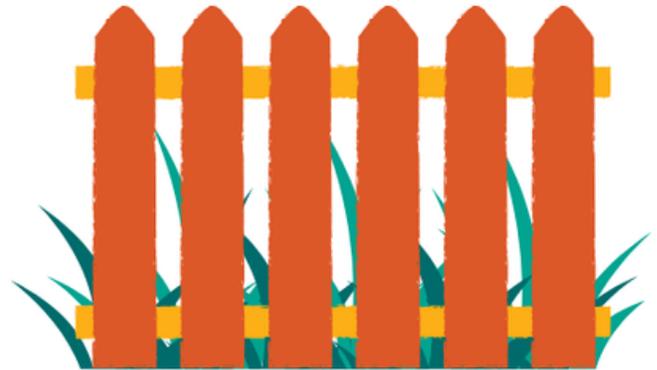
CAMP DAYS & TIMES:

May 26- July 31
Monday - Friday 7:30 am - 5:30 pm

WEEKLY RATES:

FULL DAY: Members: \$190 Non-Members: \$205

BACKYARD
ADVENTURES



YMCA SUMMER CAMP 2026

Virginia DSS Assistance is available. If you do not qualify for DSS assistance, the YMCA is a non-profit charitable organization that provides scholarships for those unable to pay the standard rate

