



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**YMCA EXPRESS AT GAINSBORO**

# SUMMER COOKING CAMP



# CAMP REGISTRATION

## REGISTER FOR CAMP

- Reserve your camp weeks: A \$10 non-refundable deposit per camp week is required at the time of registration and is subtracted from your weekly rate. The remaining balance will be processed the Monday prior to the week of camp.



## THE REGISTRATION DEADLINE IS THE MONDAY BEFORE THE FIRST DAY OF CAMP.

- Register in person: YMCA Express at Gainsboro  
108 Orange Ave. NW, Roanoke VA 24016
- Register online: [www.ymcavbr.org/camp](http://www.ymcavbr.org/camp)
- Please call 540-344-9622 for more information

## FREQUENTLY ASKED QUESTIONS

- **Do you offer a multi-child discount?** Yes! Families with two or more children signing up for the same camp week receive a \$5 discount per week of camp for each additional child.
- **Is a YMCA membership required to attend camp?** Membership is not required to register for camp. However, those who maintain a YMCA membership at the time of registration through the end of a camp session receive member rates.
- **Do you offer financial assistance?** The YMCA is a non-profit charitable organization that strengthens the foundations of our community and provides financial assistance for those unable to pay the standard rates. Visit your local branch to learn more.



## JUST DESSERTS

YOUTH: JUNE 22-26

TEEN: JULY 20-24

It is time to get your sweet tooth on as we make all sorts of fun desserts.

Campers will enjoy making cookies, cupcakes, ice cream, and so much more!

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## GLOBAL TASTE TEST

YOUTH: JUNE 29-JULY 3

TEEN: JULY 27-31

Each day kids “travel” to a new country through its cuisine. They’ll make dishes like homemade pasta (Italy), tacos (Mexico), and crêpes (France). Includes fun cultural tidbits and global recipes to take home!



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## BREAD BAKERY

YOUTH: JULY 6-10

TEEN: AUGUST 3-7

From the beginning of time, bread has been a staple in homes. It represents home, nourishment, and safety. From grain, water, salt, and sometimes yeast comes hundreds of different kinds of breads. In this camp, we will make various forms of leavened and unleavened bread.





## ALL DAY BREAKFAST

YOUTH: JUNE 13-17

TEEN: AUGUST 10-13

You know it's the most important meal of the day, but if you don't have time to sit down, in this class we are going to make healthy, nutritious meals you can whip up in minutes and eat on the run!

# GENERAL CAMP INFO

## YOUTH: AGES 5-10

### CAMP DAYS & TIMES

June 22-July 17

Monday - Friday | 8:00 am-Noon

### REGULAR WEEKLY RATES

Members: \$120 Non-Members: \$150

## TEEN: AGES 11-16

### CAMP DAYS & TIMES

July 20- August 14

Monday - Friday | 8:00 am-Noon

### REGULAR WEEKLY RATES

Members: \$120 Non-Members: \$150

FINANCIAL  
ASSISTANCE IS  
AVAILABLE!

## CAMP LOCATION

YMCA Express at Gainsboro

108 Orange Avenue NW

Roanoke, VA 24016

