

Gymnasium - Side A	Hours:	Mon-Thur: 5:30am-9:50pm	Saturday: 7:30am - 5:50pm
		Friday: 5:30am-8:50pm	Sunday: 1:00pm - 5:50pm

March 1-31		PLEASE SHARE THE GYM DURING OPEN GYM TIME					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
5:30-6:30	OPEN GYM	5:30am-8:30am OPEN GYM	OPEN GYM	5:30am-8:30am OPEN GYM	OPEN GYM	7:30-8:30	OPEN GYM
6:30-7:30						8:30-9:30	
7:30-8:30	7:30am-10:30am Adult Pick-Up Basketball (Ages 16+)	8:30am-12:00pm Adult Pickleball (Ages 16+)	7:30am-10:30am Adult Pick-Up Basketball (Ages 16+)	8:30am-12:00pm Adult Pickleball (Ages 16+)	7:30am-10:30am Adult Pick-Up Basketball (Ages 16+)	9:30-10:30	8:30am-1:00pm Adult Pickleball (Ages 16+)
8:30-9:30						10:30-11:30	
9:30-10:30						11:30-12:30	
10:30-11:30	10:30am-5:30pm OPEN GYM	12:00-5:30pm OPEN GYM	10:30am-5:30pm OPEN GYM	12:00-5:30pm OPEN GYM	10:30am-5:30pm OPEN GYM	12:30-1:30	1:00pm-5:50pm OPEN GYM
11:30-12:30						1:30-2:30	
12:30-1:30						2:30-3:30	
1:30-2:30						3:30-4:30	
2:30-3:30						4:30-5:50	
3:30-4:30						NO FOOD OR DRINK IN GYM - THANKS!	
4:30-5:30							
5:30-6:30	5:30pm-9:50pm Adult Pick-Up Basketball (Ages 16+)	5:30pm-9:50pm Adult Pick-Up Basketball (Ages 16+)	5:30pm-9:50pm Adult Pick-Up Basketball (Ages 16+)	5:30pm-8:50pm Adult Pick-Up Basketball (Ages 16+)	5:30pm-8:50pm Adult Pick-Up Basketball (Ages 16+)	SUNDAY	
6:30-7:30						1:00-2:00	1:15pm-3:30pm Adult Volleyball (Ages 16+)
7:30-8:30						2:00-3:00	
8:30-9:30						3:00-4:00	3:30pm-5:30pm OPEN GYM
9:30-9:50						4:00-5:00	
GYMNASIUM CLOSING 10 MINUTES PRIOR TO FACILITY						5:00-5:50	
*Schedule Subject to Change							

Attention: If adult pickleball has high numbers, both sides A & B may be closed to accommodate games.

GYM SCHEDULE IS SUBJECT TO CHANGE.

	A	B	C	D	E	F	G	H
1	the KIRK FAMILY YMCA							
2	Gymnasium - Side B			Hours:	Mon-Thursday 5:30am-9:50pm	Saturday: 7:30am - 5:50pm		
3					Friday: 5:30am - 8:50pm	Sunday: 1:00pm - 5:50pm		
4								
5	March 1-31		PLEASE SHARE THE GYM DURING OPEN GYM TIME					
6		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
7	5:30-6:30	OPEN GYM	5:30am-3:00pm OPEN GYM	OPEN GYM	5:30am-3:00pm OPEN GYM	OPEN GYM	7:30-8:30	7:30am-9:00pm OPEN GYM
8	6:30-7:30						8:30-9:30	
9	7:30-8:30	7:30am-10:00am Adult Pick-Up Basketball (Ages 16+)		7:30am-10:00am Adult Pick-Up Basketball (Ages 16+)		7:30am-10:00am Adult Pick-Up Basketball (Ages 16+)	9:30-10:30	9:00am-11:00am Gymnastics
10								
11	11:30-12:30	11:15am-2:30pm Adult Pickleball (Ages 16+)		11:15am-2:30pm Adult Pickleball (Ages 16+)		11:15am-2:30pm Adult Pickleball (Ages 16+)	11:30-12:30	11:00pm-5:50pm Open Gym
12	12:30-1:30							
13	1:30-2:30	2:30pm-5:00pm OPEN GYM		3:00pm-5:00pm Y Afterschool		2:30pm-5:00pm OPEN GYM	3:00pm-5:00pm Y Afterschool	3:30pm-5:30pm West End Center
14	2:30-3:30							
15	3:30-4:30	5:00pm-9:50pm Family Gym		OPEN GYM		5:00pm-6:30pm Ninja Warrior	OPEN GYM	Roanoke All-Stars 5:30pm-7:00pm
16	4:30-5:30							
17	5:30-6:30	6:30pm-7:30pm Fitness Bootcamp	6:30pm-7:30pm Fitness Bootcamp	7:00pm-8:50pm Family Gym	7:00pm-8:50pm Family Gym	1:00-2:00		
18	6:30-7:30							
19	7:30-8:30	7:30pm-9:30pm Indoor Soccer (Ages 16+)	OPEN GYM	7:30pm-9:50pm Family Gym	7:30pm-9:50pm Family Gym	2:00-3:00		
20	8:30-9:30							
21	9:30-9:50	GYMNASIUM CLOSING 10 MINUTES PRIOR TO FACILITY					4:00-5:00	
22		*Schedule Subject to Change						
23							5:00-5:50	
24								Wheel Chair League
25	Attention: If adult pickleball has high numbers, both sides A & B may be closed to accommodate games.							
26	GYM SCHEDULE IS SUBJECT TO CHANGE.							